

RESOURCES FOR ADDRESSING ACES

Harvard Center on the Developing Child—Founded and directed by Jack Shonkoff, M.D., the Center publishes and links to research on early brain development, learning, and behavior and how to apply that knowledge to policies and practices. www.developingchild.harvard.edu/

Centers for Disease Control and Prevention (CDC)— The CDC website offers several publications that promote safe, stable, and nurturing relationships to prevent child maltreatment. CDC also sponsors the Adverse Childhood Experiences study. <http://www.cdc.gov/ViolencePrevention/childmaltreatment/essentials/index.html>
<http://www.cdc.gov/violenceprevention/cestudy/>

American Academy of Pediatrics has an abundance of materials:

Early Brain and Child Development initiative: www.aap.org/ebcd

Medical Home for Children exposed to Violence www.aap.org/medhomecev

Trauma toolkit www.aap.org/traumaguide

Connected Kids – materials for addressing violence in primary care settings.

www.aap.org/connectedkids

AAP Mental Health Toolkit

The Resilience project: www.aap.org/theresilienceproject

Child Trauma Academy—This website offers online courses, trainings, and other resources on early brain development and the impact of maltreatment. www.childtrauma.org/

From Neurons to Neighborhoods: The Science of Early Childhood Development—This book was written in 2000 by a committee of experts (Committee on Integrating the Science of Early Childhood Development, J. P. Shonkoff and D. A. Phillips, eds.). It highlights findings of neurobiology and explores how we can nurture and protect young children. <http://www.nap.edu/catalog/9824/from-neurons-to-neighborhoods-the-science-of-early-childhood-development>

The National Child Traumatic Stress Network— This federally funded initiative is a collaboration of academic and community-based service centers with a mission to improve access to care, treatment, and services for traumatized children and adolescents. The website includes an assortment of publications, toolkits, evidence-based practices, screeners and trainings. <http://www.nctsn.org/>

The Center for Youth Wellness – Dr. Nadine Burke Harris, CEO, leads this clinic that was one of the first to routinely screen for Adverse Childhood Experiences. Dr. Burke-Harris has helped lead the AAP efforts and national efforts on addressing toxic stress. View her TED Talk on ACE's and Toxic Stress.

FSU Center for Prevention and Early Intervention Policy. www.floridatrauma.org – includes concise powerpoints on trauma and toxic stress, lifetime effects, trauma by symptoms and age, trauma screenings and interventions, and other resources.

Substance Abuse and Mental Health Services Administration (SAMHSA). www.samhsa.gov/trauma
Guidance on Trauma-informed practices and trauma interventions

Data Resource Center for Child and Adolescent Health. www.childhealthdata.org ACEs data from the National Survey of Children's Health, aggregate and by state.

Others

Resilience Trumps Aces. <http://resiliencetrumpsaces.org>

ACEs blog: <http://acestoohigh.com/>

Strengthening Families Protective Factors www.cssp.org/reform/strengthening-families/the-basics/protective-factors

Futures without Violence. www.FuturesWithoutViolence.org

ACEs On-line Community. www.acesconnection.com

Adverse Childhood Experiences: Informing Best Practices www.avahealth.org/aces_best_practices/

BOOKS

Scared Sick: The Role of Childhood Trauma in Adult Disease. Robin Karr-Morse and Meredith S. Wiley
A detailed explanation of the epidemiological, biological, and epigenetics effects of adverse childhood experiences.

Community implementation:

1. Working Toward Well Being: Community Approaches to Toxic Stress from the Center for the Study of Social Policy
<http://www.cssp.org/reform/early-childhood/early-childhood-linc/working-toward-well-being-community-approaches-to-toxic-stress-web.pdf>
2. Safe, Healthy and Ready to Learn (Executive Summary & Full Report) from Futures without Violence
<https://www.futureswithoutviolence.org/safe-healthy-and-ready-to-learn-executive-summary-full-report/>
3. Adverse Community Experiences and Resilience: A Framework for Addressing and Preventing Community Trauma
<http://www.preventioninstitute.org/component/jlibrary/article/id-372/127.html>
4. Building Core Capabilities for Life: The Science Behind the Skills Adults Need to Succeed in Parenting and in the Workplace
<http://developingchild.harvard.edu/resources/building-core-capabilities-for-life/>
5. Reducing Adverse Childhood Experiences (ACE) by Building Community Capacity: A Summary of Washington Family Policy Council Research Findings
<http://www.ncbi.nlm.nih.gov/pubmed/22970785>
6. Community Resilience Cookbook
<http://communityresiliencecookbook.org/>